

**TEACHERS COLLEGES OF JAMAICA
BACHELOR OF EDUCATION
MAY 2016 EXAMINATIONS
PHYSICAL EDUCATION
VOLLEYBALL- LEVEL II
[PE306SEB]**

YEAR 4

SECONDARY

TIME: 3 HOURS

INSTRUCTIONS: Answer ALL questions in Section A, and any TWO from Section B.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.

SECTION A

[50 marks]

Answer ALL the questions in this section.

1. State a common fault that occurs when players perform each of the FIVE basic skills in volleyball. (10 marks)
2. Define EACH of the following terms:
 - Complex 1,
 - Complex 2
 - Free ball. (6 marks)
3. What are TWO implications of the increased use of the jump serve in competitions? (4 marks)
4. Describe an attack formation that you could employ to ensure that there will be three attackers in the front row in all rotations. Include the major strengths and weaknesses of this formation. (10 marks)
5. Describe the FIVB congress and explain its role in the federation. (10 marks)
6. The setter is the most important player on the volleyball team. Justify this statement. (10 marks)

SECTION B

[50 marks]

Answer any TWO questions in this section.

7. Design and explain a TWO hour training session for a club team. The objective of the session is to develop attack and setting. (25 marks)
8. The scouting report for the team you will play next shows the following tendencies for the outside hitter (OH) and the opposite (OP).
 - OH 8 line shots and 4 cross court shots
 - OP 7 tips and 3 cross court shots.
 - a) Draw a shot chart for each player. (8 marks)
 - b) With the aid of diagrams, explain the defensive system that you would use to effectively defend against each player. (17 marks)
9. Explain the role of the coach *before and during* a match. For the before, explain what the last training session should be like. (25 marks)

END OF EXAMINATION