

TEACHERS COLLEGES OF JAMAICA

BACHELOR OF EDUCATION

DECEMBER 2018-EXAMINATION

COMMON PAPER

PHYSICAL EDUCATION

METHODS OF TEACHING PHYSICAL EDUCATION

[PE206SEB]

**YEAR: 2
SECONDARY**

TIME: 2 ½ HOURS

INSTRUCTION: Answer ALL questions in Section A, and any THREE in Section B.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.

SECTION A-40 marks.
Answer ALL questions in this section.

1. a) Give a suitable definition for Physical Education. (2 marks)
b) Differentiate between *ancient* and *modern* Physical Education. (8 marks)

2. a) Define the term *learning*. (2 marks)
b) Differentiate between the TWO types of learning listed below. (8 marks)
 - i. Cognitive
 - ii. Psychomotor

3. a) Write a cognitive objective for any skill and grade of your choice. Your objective should include ALL the components of a properly written objective. (4 marks)
b) Outline the purpose of the warm-up and skill training phases of a Physical Education lesson. (6 marks)

4. a) Describe FOUR ways in which a Physical Education teacher could meaningfully engage his/her students in a practical lesson. (8 marks)
b) State TWO main things to consider when demonstrating a skill for the demonstration to be effective. (2 marks)

SECTION B-60 marks

Answer any THREE questions from this section.

5. Physical Education is a very important subject in which students can be molded socially. Discuss FOUR social goals of Physical Education. (20 marks)
6. In order to develop skills students and players need to spend hours practicing them. Discuss any FOUR methods of practice that could be used to develop skills. (20 marks) ✓
7. For the Physical Education teacher to be effective he/she needs to employ different methodologies in imparting knowledge. Clearly outline any FOUR approved methods that the Physical Education teacher could use, giving their characteristics, advantages and disadvantages. (20 marks) ✓
8. Discuss how any FOUR learning preferences can help students to learn in Physical Education. (20 marks) ✓
9. Discuss FOUR ways in which Project Based Learning can benefit students. (20 marks)

END OF EXAMINATION

visual learner
kinesthetic
auditory

