

**TEACHERS COLLEGES OF JAMAICA**

**BACHELOR OF EDUCATION**

**MAY 2017 – EXAMINATIONS**

**COMMON PAPER**

**PHYSICAL EDUCATION**

**HOCKEY LEVEL I**

**[PE 204EB]**

**YEAR 2  
SECONDARY**

**TIME 2 HOURS**

**INSTRUCTIONS:** Candidates are required to answer ALL questions from Sections A and B and ANY THREE questions from Section C. Use the diagrams provided for the questions requiring diagrams.

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## SECTION A

Answer ALL questions in this section by circling the corresponding letter for the most appropriate response.

1. If a defending player intentionally fouls an attacking player inside the defending shooting circle, the umpire awards a \_\_\_\_\_ to the attacking team.
  - a. 16 yard hit
  - b. Long Corner
  - c. Penalty Stroke
  - d. Penalty corner
  
2. If a player unintentionally plays the ball over the back line in his defending area, a \_\_\_\_\_ is awarded to the attacking team.
  - a. penalty corner
  - b. long corner
  - c. penalty stroke
  - d. 16 yard hit
  
3. When a foul is committed simultaneously by both teams during a game, the umpire may use a \_\_\_\_\_ to restart the game.
  - a. bully
  - b. push-in
  - c. penalty stroke
  - d. 16 yard hit
  
4. If a defending player intentionally plays the ball over the opponent's backline, the umpire would award a \_\_\_\_\_ to the attacking team.
  - a. penalty corner
  - b. long corner
  - c. free hit
  - d. 16 yard hit
  
5. A deliberate foul inside the 25 yards area but outside the shooting circle leads to a
  - a. penalty corner.
  - b. long corner.
  - c. penalty stroke.
  - d. 16 yard hit.
  
6. Players' conducting fouls in the game would NOT include
  - a. delaying the game through time wasting.
  - b. intentionally raising the ball so it drops in the shooting circle.
  - c. using the feet to support the stick in a tackle.
  - d. trying to score from outside the shooting circle.

7. During a game, a player that is being substituted should
  - a. exit the field at his half over the backline before the substitute comes on.
  - b. completely leave the field at the side near the centre line before the substitute comes on.
  - c. wait on the game clock to stop before leaving the field of play.
  - d. leave the field of play at any point and at any time.
  
8. Advance on play means
  - a. team A is fouled, but maintains possession of the ball and the umpire signals team A to "play on"
  - b. the umpire allows team A to advance the ball by 10 yards when team B commits a foul against team A, such as hitting away a dead ball
  - c. the umpire allows team B to advance the ball by 10 yards when team B commits a foul against team A, such as hitting away a dead ball
  - d. team A is fouled, loses possession of the ball and the umpire signals team B to "play on"
  
9. The Advantage rule means that
  - a. team A is fouled, loses possession of the ball and the umpire signals team B to "play on".
  - b. the umpire allows team A to advance the ball by 10 yards when team B commits a foul against team A, such as hitting away a dead ball.
  - c. team A is fouled, but maintains possession of the ball and the umpire signals team A to "play on".
  - d. the umpire allows team B to advance the ball by 10 yards when team B commits a foul against team A, such as hitting away a dead ball.
  
10. A player who receives a Red Penalty Card
  - a. receives a temporary suspension for two minutes.
  - b. receives a temporary suspension for a minimum of five minutes.
  - c. is expelled from the game and must leave the area.
  - d. is verbally warned and allowed to remain on the field of play.
  
11. A lifted ball is considered dangerous if it is
  - a. above the knees and below the shoulders and there is no one in the path of the ball.
  - b. above the knees and below the shoulders and there are many players in the path of the ball.
  - c. above all player's heads.
  - d. lifted below the knees.
  
12. When a player lifts a ball above the head of his/her teammate,
  - a. a defender may tackle the teammate before the ball hits the ground.
  - b. the teammate must receive the ball and get it under control before being tackled.
  - c. other players may be less than 5 yards from the player who is lifting the ball.
  - d. a defender may be less than 5 yards from the player receiving the ball.



13. If a defending player intentionally plays the ball over the side line but within his 25 yards area, the umpire awards a \_\_\_\_\_ to the attacking team.
- long hit
  - penalty hit
  - penalty corner
  - push in
14. During the tossing of the coin, if team A wins the toss, his team gets the right to
- choose the end from which they want to play.
  - hit off after a goal is scored.
  - hit off after the half time break.
  - make the first substitution.
15. One rule of the hockey game states that each team should consist of eleven players and up to
- unlimited substitutes.
  - seven substitutes.
  - four substitutes.
  - five substitutes.

### SECTION B - 40 MARKS

**Answer ALL questions in this section in the booklet provided.**

- List THREE privileges of the goal keeper. (3 marks)
- When is the push pass most suitable in a game? (2 marks)
- Clearly explain how a free hit may be given to a team. (3 marks)
- List FOUR responsibilities of the umpire. (4 marks)
- Clearly explain how a 16 yards' hit is awarded. (3 marks)
- Explain when a "Bully" is called. (4 marks)
- List FOUR key points to be observed while executing the tap dribble. (4 marks)
- List FOUR coaching points for the execution of the push pass. (4 marks)
- Explain how a goal can be scored from a short corner. (4 marks)
- Explain when a goal can be considered scored. (3 marks)
- Clearly explain the role of the following: (6 marks)
  - Regional hockey federation (PHF)
  - International hockey federation (FIH)

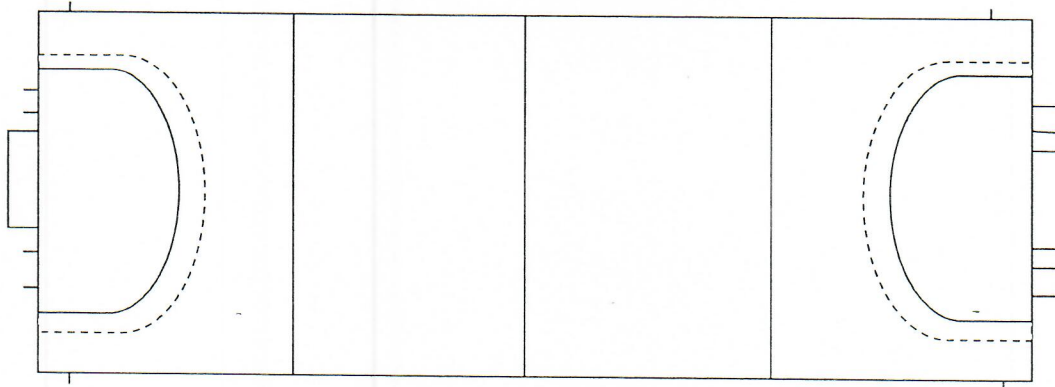
## SECTION C (30 MARKS)

Answer any **THREE** questions from this section.

1. a. List **FOUR** coaching points for the execution of the long hit. (4 marks)  
b. List **THREE** duties/responsibilities of a team captain. (3 marks)  
c. State the colour and related consequence for each discipline card used by the umpire. (3 marks)
2. a. List **THREE** offences that may constitute a penalty corner during a game. (3 marks)  
b. Explain the position of the attacking team during a penalty corner. (4marks)  
c. Give the explanation of the “advance on play” principle. (3marks)
3. Briefly explain what should be the most likely decision in each of the following:  
a. During play the ball was unintentionally hit over team “A” s back line by a defender of that same team. (3 marks)  
b. A player from **team “B”** was advancing to team ‘A’s goal when a defender from team **A** committed a foul against the **team “B”** player within team “A”s defending 25 yards’ area. (3 marks)  
c. List **FOUR** player conduct fouls in the hockey game. (4 marks)
4. You are about to teach a set of beginners the game of hockey for the first time. Outline the coaching points for **EACH** of the following:  
a. The basic grip and stance (3 marks)  
b. The tap dribble (3 marks)  
c. The hit (4 marks)

5.

### DEFENDING PENALTY CORNER



- a. On the diagram labeled “Defending Penalty Corner” illustrate on any shooting circle (“D”), the positions for the defending team in a Penalty (Short) Corner. (6 marks)
- b. Insert a line to show the umpires’ area of control during the game. (4 marks)

END OF EXAMINATION

