

TEACHERS COLLEGES OF JAMAICA

BACHELOR OF EDUCATION

MAY 2022 EXAMINATIONS

COMMON PAPER

PHYSICAL EDUCATION

HOCKEY LEVEL 2

PE309SEB

YEAR 3

TIME: 2 ½ HOURS

SECONDARY

INSTRUCTIONS: Candidates are required to answer ALL questions in Section A and TWO questions from Section B.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.

Section A (40 marks)
Answer ALL questions in this section.

1. Give TWO benefits of using a drag flick in a penalty corner. (2 marks)
2. Briefly explain the movement and foot positioning that allows a goalkeeper to kick a ball all the way to the sideline. The ball was shot from the top of the shooting circle. (2 marks)
3. Identify and explain ONE strategy that a team using the 4-3-4-1 formation can use to successfully penetrate the defense of a team using 4-4-3-1 formation. (3 marks)
4. Explain to a new player how to create space for themselves or their teammates. (3 marks)
5. You are observing a team playing an 11-a-side hockey game. They are having difficulty taking the ball out of their defensive area. Briefly explain ONE possible solution for the team. (3 marks)
6. Your team is playing with four defenders. As the coach, explain the role of the sweeper. (4 marks)
7. A centre-forward breaks away at the half line with only one defender to beat before reaching the shooting circle. One of his teammates is fast enough to catch up to him. Identify and explain the attacking principle involved in this scenario. (5 marks)
8. A left back is being outplayed by the right winger on the attacking team. Analyze the effectiveness of the left back's defensive interception, giving TWO tips on how he/she can improve. (6 marks)
9. You have played against Team QRS three times this season, and they use an unstoppable 1-2 pass at the top of the shooting circle in their attacking penalty corner. With the aid of a diagram, discuss ONE defensive run which would be successful at preventing a goal from this penalty corner attack. (6 marks)
10. Using diagrams where necessary, explain fully, TWO important reasons for the goalkeeper not staying on the line when saving the ball. (6 marks)

SECTION B: (20 marks)
Answer TWO questions from this section.

1. You are the new coach of the under fourteen hockey team, who are beginners. You are coaching a group of eleven- to thirteen-year-olds.
 - a. State FOUR of the skills that you would focus on and give reasons why.

(8 marks)
 - b. With the use of schematic diagrams, identify and explain FOUR drills that you would use to develop ONE of these skills.

(10 marks)
Use of English 2 marks
(Total 20 marks)

2. You are brought into the coaching team to help improve its attacking prowess in terms of mobility, width, and depth of support.
 - a. Discuss these principles.

(9 marks)
 - b. Outline a plan to implement ONE of these principles.

(9 marks)
Use of English 2 marks
(Total 20 marks)

3. You are playing a weak team and notice that they are having trouble getting the ball out of their defensive area. You decide to use the defensive full press on the weak team.
 - a. Explain *defensive full press*.

(4 marks)
 - b. Discuss TWO advantages and ONE disadvantage of using the defensive full press.

(6 marks)
 - c. Analyze how your team would utilize the full press on the weaker opponents' 16-yard hit. Use diagrams to aid your answer.

(8 marks)
Use of English 2 marks
(Total 20 marks)

4. You are scheduled to play a team that has won its last five, 11-a-side matches. You have received a video of one of these matches. Discuss TWO important attacking tactics (strategies) of this winning opposing team in the video.

(18 marks)
Use of English 2 marks
(Total 20 marks)

END OF EXAMINATION

SECTION 101

1. The first part of the document is the title page, which contains the title, author, and date of publication. It also includes a brief summary of the document's content.

2. The second part of the document is the introduction, which provides an overview of the document's purpose and scope. It also includes a brief history of the document and its development.

3. The third part of the document is the main body, which contains the detailed information and data. It is organized into several sections, each dealing with a specific aspect of the document's subject matter.

4. The fourth part of the document is the conclusion, which summarizes the main findings and conclusions of the document. It also includes a brief discussion of the document's implications and future research.

5. The fifth part of the document is the bibliography, which lists the sources of information used in the document. It includes a list of books, articles, and other documents that have been consulted.

6. The sixth part of the document is the appendix, which contains additional information and data that are not included in the main body of the document. It includes a list of tables, figures, and other supplementary materials.

7. The seventh part of the document is the index, which provides a list of the document's contents and their page numbers. It is a useful tool for finding specific information within the document.