

TEACHERS COLLEGES OF JAMAICA

BACHELOR OF EDUCATION

JANUARY 2021 EXAMINATIONS

COMMON PAPER

PHYSICAL EDUCATION

RECREATION AND SPORTS

[PE406SEB]

YEAR 4

TIME:2 HOURS

Instructions: Candidates are required to answer ALL questions in SECTION A and THREE questions in SECTION B.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.

SECTION A (40 marks)
Answer ALL questions in this section.

1. a) Define the term *recreation* as discussed in this course. (2 marks)
b) Differentiate between the TWO types of recreation. (4 marks)
c) Explain how the following view “play”. (6 marks)
 - i. Sociologist
 - ii. Cultural Anthropologist
 - iii. Psychologist

2. a) Define the term *leisure* as discussed in this course. (2 marks)
b) Explain any TWO leisure constraints. (4 marks)

3. a) State TWO major differences between *Physical Education* and *Sports*. (4 marks)
b) Identify FOUR objectives of Sports for all. (4 marks)

4. a) Describe TWO types of recreational programmes. (4 marks)
b) Explain TWO recreational services. (6 marks)

5. Discuss TWO ways in which you can incorporate the body as part of puppetry. (4 marks)

SECTION B (60 marks)

Answer THREE questions in this section.

1. a) Explain the term *modern-day recreation*. (5 marks)
b) Discuss FIVE major differences between modern-day recreation and recreation practiced by the Egyptian Civilization. (15 marks)

2. Discuss FIVE possible leisure motives for an introverted person who spends most of his time in the office. (20 marks)

3. A summer camp is being planned for a group of young people to help them develop social skills and a positive self image. During the planning, a number of issues are being encountered by the planning committee.
- a) Suggest FIVE issues that may have arisen. (5 marks)
 - b) Discuss each issue and what suggestions you would make to resolve these issues for a successful summer camp. (15 marks)
4. You have been asked to speak to a group on the importance of Eco-tourism in Jamaica. Prepare your presentation by:
- a) Introducing the topic and explaining the term Eco-tourism as seen in Jamaica. (5 marks)
 - b) Identifying FIVE important values of Eco-tourism. (5 marks)
 - c) Discussing the importance of the FIVE values identified on Eco-tourism. (10 marks)
5. Explain FIVE structural factors affecting goal attainment by the sport for all movement. (20 marks)

END OF EXAMINATION

