

TEACHERS COLLEGES OF JAMAICA

BACHELOR OF EDUCATION

JANUARY 2021 EXAMINATIONS

COMMON PAPER

PHYSICAL EDUCATION

HISTORY AND DEVELOPMENT OF PHYSICAL EDUCATION

[PE102SEB]

YEAR 1

TIME: 2 HOURS

SECONDARY

INSTRUCTIONS: Candidates are required to answer any TWO questions from Section A and ALL questions in Section B.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.

SECTION A
[40 marks]

Answer any TWO questions in this section.

QUESTION 1

Early philosophical ideas have impacted the growth of Physical Education. Describe how the following philosophies have influenced the development of Physical Education and Sport.

- Idealism (5 marks)
- Realism (5 marks)
- Pragmatism (5 marks)
- Naturalism (5 marks)

QUESTION 2

The Chief Executive Officer of a major sport manufacturing company is having difficulties with a worker who is often absent from work due to regular illness. Write a letter to him /her clearly outlining FIVE ways how your knowledge of the benefits of physical education can address this issue.

(20 marks)

QUESTION 3

Identify and discuss FOUR ways in which physical education and sport contribute to nation building.

(20 marks)

QUESTION 4

Examine any FOUR of the following issues in sports.

- a. Gender bias in sport
- b. Legal Issues in sports
- c. Technology in sport
- d. Ethics in sport
- e. Role of government in sport
- f. Media in sport

(20 marks)

QUESTION 5

The U17s coach has noticed a major change in Jamie's behaviour and appearance. Jamie has been late to several games and is missing practice. Jamie often looks tired and stressed. The coach has been informed that some of Jamie's friends may drink heavily and take drugs at home.

- a) Define the term *drug* in sport. (2 marks)
- b) List and define any TWO banned substances on the WADA list. (4 marks)
- c) Explain to Jamie the negative impact drug/s can have on his performance at training or games. (14 marks)

SECTION B
[40 marks]

Answer ALL questions in this section.

1. State Spencer's Theory of Play. (1 mark)

2. State THREE values that play can contribute to the development of children. (3 marks)

3. Define the following terms and give ONE example of each:

- (a) *Recreational Activity* (3 marks)

- (b) *Exercise* (3 marks)

- (c) *Sport* (3 marks)

4. List any FOUR career fields in physical education. (4 marks)

- (i) _____
- (ii) _____
- (iii) _____
- (iv) _____

5. Identify TWO national and TWO international sporting organizations. (4 marks)

6. Name THREE periods in the history of the world that Physical Education played an important role. (3 marks)

7. Name TWO activities that students would have practiced during Physical Education classes in Ancient Egypt. (2 marks)

8. Throughout history, Physical Education and Sport has been important in ancient and contemporary society. List TWO functions that Physical Education and Sport has served. (2 marks)

9. State TWO major contributors to Physical Education and state ONE contribution for each. (4 marks)

10. Give the meaning of the Olympic motto in English. (3 marks)

11. During the year 1916, and from 1940 to 1944, no Olympic Games were held. Give TWO main reasons for this action. (2 marks)

12. Discuss in brief the term *fair play* and give an example in your area of specialization. (3 marks)

END OF EXAMINATION

