

**TEACHERS COLLEGES OF JAMAICA**

**BACHELOR OF EDUCATION**

**JANUARY 2021 EXAMINATIONS**

**COMMON PAPER**

**PHYSICAL EDUCATION**

**CRICKET LEVEL 2**

**[PE300SEB]**

**YEAR 3**

**TIME: 2 ½ HOURS**

**Instruction: Candidates are required to answer ALL questions in SECTION A and ONE question in SECTION B.**

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**DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO**

**SECTION A (80 marks)**  
**Answer ALL questions in this section.**

1. A bowler is called for throwing.
  - a) Explain TWO faults in his action. (2 marks)
  - b) Design an activity, in sequential order, to help change his action. (4 marks)
2. Gripping of the bat is fundamental in good batting.
  - a) List THREE common faults that occur in the introduction of good batting. (3 marks)
  - b) Discuss TWO of the faults stated and how you would assist your student in developing the correct technique. (4 marks)
3. A stable base is fundamental in the following cricket skills:
  - a) throwing
  - b) wicket keeping
  - c) battingDiscuss the impact on any TWO of the above skills. (4 marks)
4.
  - a) Explain the mechanics of *swing bowling*. (2 marks)
  - b) Discuss TWO variations of *swing bowling*. (4 marks)
5. Error-Detection and Correction is a vital part in coaching and teaching cricket skills. List and explain TWO principles of error-detection and correction in cricket. (4 marks)
6.
  - a) Explain the difference between static and dynamic balance in batting. (4 marks)
  - b) Give an example of static and dynamic balance. (4 marks)
7. In mastering the technique of batting, list THREE factors that may affect the natural balance of a batsman. (3 marks)
8. Explain FOUR principles of pace bowling. (4 marks)
9. In sequential order explain '*bat swing*' in batting. (4 marks)
10. Lateral Flexion is a biomechanical fault in bowling. Design an activity to correct this fault. (5 marks)
11. State the procedure you would take in helping young players to find a natural and effective batting grip.. (5marks)
12. Outline the mechanics of the lunge in advance fielding. (3 marks)

13. The technique of batting can be divided into *open* and *closed skills*. List the components of batting under the TWO named headings. (4 marks)
14. Describe how a 'set up' can be achieved in batting. (4 marks)
15. Describe the mechanics of the following bowling actions.
- a) Bowling arm      b) Front arm      c) Legs at back foot landing (6 marks)
16. What is meant by the term *pre-meditated commitment* in batting? (5 marks)
17. What is meant by the term *initial movement* in batting? (2 marks)

**SECTION B (20 marks)**  
**Answer ONE question in this section.**

1. As a coach you have observed that your young bowler is throwing. Clearly outline a remedial plan of how you would go about solving this problem. (20 marks)
2. Running between the wickets can be seen as a difficult skill. Clearly outline the key areas that you would include when teaching this skill. (20 marks)

**END OF EXAMINATION**

