

**G.C. FOSTER COLLEGE OF PHYSICAL EDUCATION AND SPORTS**

**DIPLOMA IN COACHING**

**MAY 2017 EXAMINATION**

**BASKETBALL**

**LEVEL 1**

**DURATION 2 ½ HRS.**

**Complete 3 sections. Section A and C are compulsory. Choose one other section.**

**Section A (40 marks)**

**Do all questions**

- 1). Being an educator enhances the quality of a coach. Give two reasons why this is so and state how?  
(4 marks)
- 2). Define Dribbling as relates to basketball. Tell its main purpose.  
(4 marks)
- 3). List four responsibilities of the passer when executing a pass to a team-mate?  
(4 marks)
- 4). Outline four ways in which ball handling skills contribute to the technical competence of a player?  
(4 marks)
- 5). State the international governing body for basketball and list three of its main functions.  
(4 marks)
- 6). Explain the following game rules.
  1. The shot clock violation
  2. The double-dribbling violation  
(4 marks)
- 7) State the difference between a personal foul and a technical foul? Explain the penalty for any one of these fouls.  
(4 mark)
- 8) a. Define team fouls in basketball and state how many are allowed per quarter?  
b. State the penalty when a team has reached maximum team fouls.  
(9 mark)

- 9) a. What is substitution in basketball?  
b. Tell the number of substitutions allowed in a game and how it is administered.  
(4 marks)

- 10). Explain the following statistical indices  
1. Offensive Rebounds  
2. Field Goals

(4 marks)

**SECTION B values 30 marks.**  
**Do any two (2) questions.**

- 1). Draw a diagram of the basketball court and give the dimensions of the following areas.  
1. Free throw line  
2. The centre and free throw circles  
3. 3 point arc.  
4. 3 second area.  
5. Sideline. / baselines

(15 marks)

- 2). State one difference and one similarity between a Jump and a Lay-up shot? With the use of diagrams illustrate three drills that can be used to teach the lay-up shot?  
(15 marks)

- 3). Show on a half-court diagram the playing positions on the court in an offensive system. Explain the skill sets and responsibility of the point-guard.

(15 marks)

- 4). True or false (Justify your answers).

1. Jump ball can be executed in any of the three circles on the court during a game.
2. The main responsibility of the point guard is to score points.
3. A team is allowed only 4 Time-outs for the entire game.
4. Jamaica Basketball Association is divided in 5 regional conferences.
5. A team is allowed to score baskets from behind the half line during a game

(15 marks)

**SECTION C (30 marks)**

**Do all questions.**

**Transfer the following information to the Scoresheet provided**

A. It is the fourth game of the Intercol Basketball League and Team UWI will oppose Team G C Foster at UWI Gym. Today's game will start at 6:00pm and Referee Loretta Gorgon will be assisted by Dale Reynolds. The Time-keeper is N Ying and You are the Scorer.

(5 marks)

B. Team GC Foster College will be represented by players: A. McDonald (6), K. Thomas (9), J. McLeish (13), S. Goode (43) Captain, S Walker (22), E Edwards (11) N. Skyers (8), S Fisher (17) and P. Nevers 53. Coached by Dave Black with assistance from L. French. The starters will be numbers 8, 13, 43, 9, 6

Team UWI will be represented by players: D. Thompson (15), M. King (4), O. Green D. Whittle (23) Captain, T. Edwards (25), R. Marshall (35) and N. Brown (14).

They will be coached by K. Daley with assistance from P. Fuller. The starters will be numbers 15, 23, 35, 9 and 4.

(5 marks)

C. At the end of the 1<sup>st</sup> period the scores were Team A- 19 and Team B-16.  
At half time Team B added 21 more points while Team A- added 17 more points.

Players will be referred to as A6, A8 or B13, B9 etc.

(5 marks)

D. In the 3<sup>rd</sup> period players A23, B13 and A9 scored from the 2 point area and B35, A 43, B25 and B6 scored from the 3pt area. Coach Black was granted a time-out in the first quarter and one in the second quarter; B53, A9, A13, A35, A6, B35 and B23 committed personal fouls.

(5 marks)

E. In the 4<sup>th</sup> period B9 fouled A15 and he was given two free throws – he scored one of the free throws; A25 fouled B13 who was shooting from the 3pt area – the shot missed but he scored all the free throws given to him; A4 was fouled in the act of shooting from the 2pt area – he scored the shot and the free throw penalty. End of game.

9) marks)






F. Complete the Scoresheet.

(5 marks)

**SECTION D (30 marks).**  
Do all questions.

- 1). What is the signal given by a referee crossing both hands at his chest?  
(2 marks)
- 2). What is the referee signalling holding both hands in the air with clenched fists  
(2 marks)
- 3). What is the referee signalling rolling the arms in front of the body?  
(2 marks)
- 4). What is the referee signalling with both hands placed at the waist?  
(2 marks)
- 5). State two occasions when the 5second rule is applied  
(2 marks)
- 6). Which of the three shots studied should only be mastered both with your strong hand as well as your weak hand. State two times when it is used  
(3 marks)
- 7). What decision is made by the referee when the ball is held by opposing players?  
How will the game proceeds thereafter  
(2 marks)

8). Identify the following symbols:

- a). 
- b). 
- c). 
- d). 
- e). 

(5 marks)

9). Give your interpretation of the following diagram by describing the logical sequence of movements on the court.  
(10 marks)

