

TEACHERS' COLLEGES OF JAMAICA

BACHELOR OF EDUCATION

MAY 2018 EXAMINATION

PHYSICAL EDUCATION

VOLLEYBALL LEVEL 2

[PE 306SEB]

**YEAR 4
SECONDARY**

TIME: 2½ HOURS

INSTRUCTIONS: Answer ALL questions in Section A, and any TWO from Section B.

SECTION A [60 marks]

Answer **ALL** the questions in this section.

1. The coach/teacher must be able to recognize faults in players/students technique. For the five (5) basic skills in volleyball, identify faults for each. (10 marks)
2. a) Describe the first TWO phases of the system of play for the serving team. (6 marks)
b) Describe TWO of the sets the setter is expected to make if he/she did not make a call before the play. (4 marks)
3. List the FIVE specialized playing positions in volleyball and explain the technical attributes necessary to be effective in ONE of these positions. (10 marks)
4. a) Define complex 1, complex 2 and free ball. (6 marks)
b) Explain the possible areas of weakness if a team is not scoring points in complex 1. (4 marks)
5. a) The 6:6 attack formation is used with beginners. Write TWO *strengths* and *weaknesses* of the system. (4 marks)
b) Suggest three modifications that you would employ to make the 6:6 formation more effective. (6 marks)
6. Identify TWO game interruptions and explain how a coach can use them to improve his team's chances of winning a game. (10 marks)

SECTION B (40 marks)

Answer any **TWO** questions from this section.

7. Scouting report for the first set of a match:

OH 6 cross court shots, 4 line shots and 0 tips.

OP 2 cross court shots, 6 line shots and 4 tips.

Draw a diagram showing the shots for both attackers and explain the defensive formation(s) that you would use to effectively counter them. (20 marks)

8. Young people can develop important life skills from sport. Explain how the volleyball coach can be a good role model for high school players. (20 marks)

9. As a coach you have an important match against a team that is strong in serving and blocking. Plan the last TWO hour training session before the match. (20 marks)

END OF EXAMINATION

