

G.C.FOSTER COLLEGE OF PHYSICAL EDUCATION AND SPORT
DIPLOMA IN COACHING
MAY 2017 EXAMINATION
PHYSICAL EDUCATION

HISTORY AND DEVELOPMENT OF PHYSICAL EDUCATION

Year 1 SECONDARY

TIME: 2 hr

INSTRUCTIONS: Candidates are required to answer ONE questions from Section A and ALL questions from Section B.

SECTION A -20 marks

Answer any one question in this section.

1. The manager of a major manufacturing company is having problems with workers been absent from work due to regular illness. Write a letter to Him clearly outlining how physical activity can address this issue. (20 marks)
2. Discuss the benefits of Physical Education and Sport to the Jamaican Society
(20 marks)
3. State 5 five advantages and disadvantages of the use of technology in sport.
(20 marks)
4. Write on any of the following state how they impact Sport Positively or negatively: Drugs, or violence
(20 marks)

SECTION B (40 MARKS)

Answer all questions in this section

1. State one Major contributor of Physical Education and Sport. (1 mark)
2. What are the domains of learning in Physical Education? (3 marks)
3. Define the terms;
Health:
Physical Education
Exercise (6 marks)
4. State three (3) examples of fair play. (3 marks)
5. List four major athletics competitions. (4marks)
6. Name four countries that participate in the Common Wealth Games. (4 marks)
7. Who is known as the father of the modern Olympics? (1 mark)
8. List four categories of benefits in Physical education. 4 marks)
9. State (4) four Careers you can get from Physical Education and Sport. (4 marks)
10. State the Olympic motto (use English) (3 marks)
11. What do the five interlocking rings of the Olympic flag mean? (5 marks)
12. State three (3) things a Government can do to develop Physical Education and Sport (3 marks)

END OF EXAMINATION