

**TEACHERS COLLEGES OF JAMAICA**

**BACHELOR OF EDUCATION**

**DECEMBER 2018 – EXAMINATIONS**

**COMMON PAPER**

**PHYSICAL EDUCATION**

**HISTORY AND DEVELOPMENT OF PHYSICAL EDUCATION AND SPORTS**

**[PE102SEB]**

**YEAR 1  
SECONDARY**

**TIME: 2 ½ HOURS**

**INSTRUCTIONS: Answer TWO questions in Section A and ALL questions in Section B.**

**DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.**

**SECTION A (40 marks)**

**Answer TWO questions from this section.**

1. Play is important in the development of a child. Identify FOUR types of play and explain how each helps in a child's development. (20 marks)
  
2. Despite the rewards that can be had by taking part in physical activities, people still prefer a sedentary lifestyle. Discuss FOUR benefits persons may achieve from taking part in physical activities and sports. (20 marks)
  
3. Name TWO philosophies of Physical Education and discuss how each influenced the development of Physical Education. (20 marks)
  
4. The media are all the means by which information is delivered and its use in sport is very pronounced. Discuss FOUR ways media influence has impacted physical education and sport. (20 marks)
  
5. There are varying issues that impact Physical Education and Sports. Explain the effects of TWO of the following issues in Sports.
  - a) Drugs in Sports
  - b) Violence
  - c) Technology in sports
  - d) Ethics in Sports(20 marks)

**SECTION B (40 marks)**

**Answer ALL questions in this section**

1. Give the names of TWO international competitions. (2 marks)

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2. In ancient Greece, students would participate in various activities during physical education classes. Name FOUR of these activities. (4 marks)

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3. Give a brief historical account of the ancient Olympic Games. (5 marks)

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4. The events of World War I and II impacted the Olympic Games and they were cancelled. In what years were the Games cancelled? (2 marks)

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5. There are fundamental philosophical ideas that have impacted the development of physical education. Identify THREE of these philosophies. (3 marks)

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6. Throughout history, sport has been important to society. List TWO functions that sport has served. (2 marks)

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7. In sports, what meant is by *fair play*? Give ONE example. (3 marks)

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8. Participation in physical education and sports can lead to career opportunities in the field. State TWO careers in physical education and sports. (2 marks)

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9. List two major contributors to the development of Physical Education and Sports and state what contribution each made. (6 marks)

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10. Physical Education activities engage the students in three domains of learning. State these domains of learning. (3 marks)

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11. Define the following terminologies associated with Physical Education and Sport.

a. Physical activity (2 marks)

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b. Exercise (2 marks)

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c. Holistic health (2 marks)

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d. Wellness (2 mark)

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**END OF EXAMINATION**

